

2025 Gilbert Yoga College

**STARTS
JANUARY 7**

**ENDS
APRIL 5**

CLASSES BEGIN

IN-PERSON

Welcome to our In-person program! We'll meet every Tues. and Thurs. from 6-9 PM and every other weekend for the next 13 weeks.

**WEEKEND
OR EVENING
CLASSES**

WEEKENDS OR EVENINGS

HYBRID

If you are joining our Hybrid program, choose from evening sessions (Tue/Thur from 6-9pm) or weekend sessions (non-consecutive from 10am -4pm).

**FINISH
IN AS
LITTLE AS
13 WEEKS**

ACCELERATED

13 WEEKS

Both programs provide trainees with an immersive learning experience that accelerates growth and readiness to teach in as little as 13 weeks.

**APRIL 5
TRIP TO
SEDONA**

SEDONA CELEBRATION

GRADUATE

For graduation, we'll celebrate with an all-inclusive trip to Sedona—at no extra cost for in-person students. Hybrid students can join the excursion for a discounted rate.